

PRES-SCRIPTIONS

INSIDE THIS ISSUE:

<i>Calendar of Events</i>	2
<i>Director's Desk</i>	5
<i>Facility Reports</i>	3&4
<i>Fuzzy Bear</i>	2
<i>Hour Reports</i>	3
<i>Vol. Opportunities</i>	4
<i>Volunteer Benefits</i>	2

2008 Board of Directors

Elected Officers

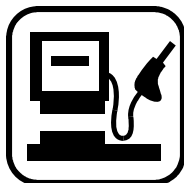
Chair—Diana Jones
 ChairElect—Maggie Batsel
 Secretary –Peggy Broersma
 Treasurer –Sally Koffman
 Asst. Treasurer–Dick Rogers

Facility Coordinators

Hospice–Toni Fine
 Kaseman–Carol Aragon
 Los Lunas–Carmella Gaskins
 Main–Mary Fontaine
 Northside –Rita Carpenter
 Rio Rancho–Gale Mathis

Committees

Care Fund
 Joanne Martinico
 Co-Historians
 Nancy Rogers & Nancy Salas



WE'RE TRYING SOMETHING NEW!

DIANA JONES, CHAIR

This month, we're rolling out a fresh new look for our newsletter.

We're upgrading not only the look, but the content .

We will have monthly headline news to keep you up to date as well as our old favorites. Please let us know what you think.

If you have suggestions for articles that you would like to see, please let us know.

For comments or questions, please call:

Karen Davis 823-8821
 Belinda Dahle 841-1501
 Diana Jones 275-2018.

We'd like to hear from you.



BOARD NOTES

Our regular Volunteer Services Board of Directors meeting on June 17 will be replaced by a Board Retreat on June 27, 2008 to discuss where Volunteer Services is going with a five-year plan in mind. The Board welcomes input from all volunteers. If you have suggestions or questions, please feel free to call your Volunteer Manager or Gary Marsjanik at 841-1503.

PAIN AT THE PUMP?

SJ SANCHEZ

Here's a few hints to save costs.

JOIN RSVP (Retired Senior Volunteer Program) 764-1612. They provide-monthly mileage reimbursement at \$.40/mile, max. 20 miles/trip and up to \$20.00/month.

Must be over 55 to apply. Call your Volunteer Manager for details.

CARPOOL with a buddy—call your manager if you need the name of a new buddy with whom you can carpool.

RIDE THE BUS—\$.35/each way for riders over 62. **FREE BUS PASSES** available at Pres Main and Kaseman. Rapid Ride busses come every 10 minutes.

Calender of Events

- June 23**
Northside Mtg.
2:00-3:30PM Northside Cafeteria
- June 23**
Kaseman Council Mtg.
1:00-2:00PM
- June 27**
Board Retreat
9:00AM-1:00PM
- July 14**
Rio Rancho Mtg.
2:00-3:00PM
2nd Floor Conf. Room
- August 19**
Vol. Board Meeting
10:00-11:30 Pres Main
- August 23**
Laughter is the Best Medicine
- August 27**
Kaseman Council Mtg.

WHERE IN THE WORLD IS FUZZY THE CENTENNIAL BEAR?

Fuzzy Bear has been touring the United States and Europe in the company of various staff and volun-

teers. This month, Fuzzy was spotted at Ben & Jerry's in Stowe, Vermont.

It's not too late to get your Fuzzy Bear. They are available in our gift shops for \$10.00 each. The proceeds will go towards a program to benefit children



It is rumored that Fuzzy ate a double dip Cherry Garcia ice cream cone all by himself.

Where do you think we'll find him next month?

The board has not yet decided which program we will fund. If you have any ideas, please let us know. Call 841-1501.

Did you know that as a Volunteer you are entitled to a membership at Healthplex for only \$8.00/month?

VOLUNTEER BENEFITS

Being a Presbyterian Volunteer has many benefits

Did you know that as a volunteer you are entitled to a membership at Healthplex for only \$8.00/month?

You are also eligible to purchase discounted tickets at the Gift Shops for Isotopes Games, Balloon Fiesta, and other events as they become available, AND

Presbyterian gives free flu shots to all volunteers in the Fall. Please check with your Volunteer Manager for details

CARE FUND

BY JOANNE MARTINICO

The Presbyterian Care-Fund Program provides financial assistance from the Presbyterian Healthcare Foundation for qualified Presbyterian employees, retirees or volunteers who experience an emergency or catastrophic financial hardship.

The CareFund Committee met on April 22, May 7 and May 13 to review applications for assistance.

Total distributions as of May 13, 2008

Financial Assistance	\$32,453.94
PTO (644 hours)	<u>12,885.02</u>
Total YTD Assistance	\$45,338.96



HOSPICE
TONI FINE

At the April meeting our guest speaker was Adrienne Morrison, certified speech & language pathologist. She discussed how we could be more supportive of patients that are challenged by communication.

She used the acronym **DIGNITY**.

DESIRE—to communicate is present at every stage of illness.

INCLUDE—everyone in the patient’s environment in the communication plan.

GATHER information from facility about any information that can help communication.

NOTICE small movements, gestures etc. They may be the key to communication.

INCORPORATE symbols, pictures objects that may help.

TAKE RESPONSIBILITY for not understanding the patient.

YELLING—remember—Yelling doesn’t help.

Adrienne suggested re-introducing yourself each time you encounter a patient, they may have forgotten your name. She also suggests repeating to the patient what we thought we heard. Ask if what we thought we heard is correct. It’s okay to say “I am having a hard time understanding you—do you want.....?”

These abbreviated suggestions may help with patients we encounter in our roles as volunteers, or it may help us, help the staff and volunteers when our loved ones are hospitalized.

HOURLY AWARDS FOR MAY

Hospice
250 Hours

Linda Johnson-Grimm
1000 Hours
Gladys Powell

Presbyterian Hospital
50 hours

Ken Best
Diane Broadwell
Sandra Bundy
Mary Elizabeth
Ashley Miller
Melissa Porter
Monica Robles
Jasmine Torrez
Brianna Torrez
250 hours
Esther Reynolds
500 hours
Jonathan Romero
3,000 hours
Corliss Fenimore

Presbyterian Kaseman
50 hours

Norma Dalton
500 hours
Carol Aragon
1,000 hours
Esther Martinez
4,000 hours
Diana Jones

Northside
1,000 hours

Sally Koffman
3,000 hours
Zern Phillips

Rio Rancho Med. Ctr.
50 hours

Pam Hammerel

KASEMAN
CAROL ARAGON

Those participating in the District II Workshop held May 23 in Farmington were treated to several interesting & informative talks.

Congratulations to **Carol Kepler** on the birth of her first great granddaughter. Kudos to **Betty Thom, Rodney Vance** and **Arlyn Widenhoefer** on completing 500 hours.

Welcome to new surgery recovery volunteers **Sally Koffman** and **Jan Dobbs** as well as **Bob Johnson** in Pain & Spine.

We have two openings at the Information Desk. Please call Melinda if you know someone who is interested.

Travelers this month include: **Nancy Rogers**, Danube River Cruise; The **Bowers** to Europe; **Carolyn Norris** to Iowa; **Kay Houck** visited New Orleans; **Arlyn Widenhoefer** went to Utah; **Shirley Tonjes** visited family in Illinois and **Betty Thom** traveled to Pennsylvania.

NORTHSIDE—Rita Carpenter

Julie Naro reports from the Healthplex that **June Dennison** will be taking some time off. Hurry back, June.. We would like to wish **Roberta Rainhart** a very happy retirement. She volunteered for 40 years for Presbyterian Healthcare Services Her most recent assignment was Greeter at Healthplex. Welcome to **Gail Long** who will be taking **Roberta’s** place.

Our Healthplex travelers are **Fay Bush** and **Pat Roehm**. At the Eye Center, our mother daughter team, **Celia Sandoval** and **Celina Raybourn** traveled to San Antonio. **Rita Carpenter** traveled to Las Vegas and Utah.

Enjoy your summer!

VOLUNTEER OPPORTUNITIES

Kaseman
Information Desk

Main Hospital
Information Desk
Gift Shop

Rio Rancho Medical Center
Emergency Room
Cardiology

Satellite Gift Shops
Northside

Hospice

RIO RANCHO MEDICAL CENTER

GALE MATHIS

Our bi monthly Volunteer meeting was held on May 6, 2008. We were pleased to have Kevin Fairbrother, Dir. of Radiology, give us the virtual tour of the new Westside Hospital. We look forward to the ground breaking.

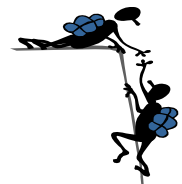
The RRMCM honored the volunteers with certificates and a SUPER HERO cake. The cake was delicious. THANK YOU!

We have been actively recruiting new volunteers by placing flyers in the local libraries and small businesses in Rio Rancho. We hope we will be successful.

Jeff Watson, RRMCM Pediatrics, has developed a Spanish Language script for volunteers who make reminder telephone calls. With the help of some of the nurses and doctors he finalized the script. It was

presented at our meeting and was well received by the various RRMCM departments and volunteers. A big thank you to Jeff.

Welcome to **Betty Melton** who jointed RRMCM in Family Medicine. Also, thank you to **Burt Mathis** for doing double duty while we looked for a new volunteer.



Volunteers Celebrating 160 years of marriage. Congratulations!



MAIN—SJ SANCHEZ

Carol and Joe Nolan are on a cruise celebrating their 50th wedding anniversary. Last month they received the Knights of Columbus Family of the Year Award at Holy Rosary Church.

Arlene & Max Smith are celebrating their 60th wedding anniversary are celebrating on a cruise with family members. Arlene and Max have volunteered since 1980 and 1984, respectively.

Manuel and Socorro Munoz are celebrating their 50th wedding anniversary this month. Manny has volunteered since 1999.

Please be a Recruit-a-Buddy!

If you know potential volunteers, please refer them to one of the following:

Karen Davis 823-8821
Melinda Dawe 291-2890
Michele Gomez 923-5161
Lorrie Griego 291-2098
SJ Sanchez 841-1869

LOS LUNAS— CARMELLA GASKINS

On May 23, 2008, the Los Lunas volunteers had meeting and training session in the Conference Room at Los Lunas PMG. Details of their various computer tasks were reviewed and passwords were acquired for all. After the training ses-

sion, a pot luck lunch was enjoyed by **Ginny Ruth, Ruth des Jardins, Carmella Gaskins and Kathy Metzger.**

Welcome back to Kathy who took a leave of absence while finishing her degree.



FROM THE DIRECTOR'S DESK

GARY MARSJANIK

In this month's *Pres-Scriptons* Newsletter, we are showing a new look. After listening to your comments, we have decided to offer you a newsletter that provides more pertinent information about volunteer services at Presbyterian and about volunteering in general.

Our very talented Program Manager, Karen Davis, has worked hard preparing this first issue and is excited about more improvements in the months to come. Eventually, we would like the volunteers to be able to access the newsletter through the internet to get information in a timelier manner.

Please contact Karen at 823-8821 with your ideas for making the newsletter a better resource for you.

I would like to thank all of our volunteers who contributed input and demonstrated their skill as volunteers during the recent survey by the Joint Commission (JCAHO). Volunteers are an important part of Presbyterian's success in delivering quality health-care. Your dedication and unselfish service to our community exemplify the best of PHS and it did not go unnoted.

THANK YOU!



A survey is being conducted in anticipation of a large project related to re-doing the signs and patient room numbering system at Presbyterian hospital (Main).

As you can imagine, this is a very large project that will cost a great deal of money. Therefore, PHS is taking additional steps and time to analyze the current signage system. Feedback is being gathered from people who often have to find their way and/or give directions at Presbyterian Hospital (Main).

Volunteer input is very important for the success of this project. Please share your thoughts by completing the survey form that will be available when you sign in to begin your shift.

You can return the survey to Volunteer Services Dept. by dropping it off at the office, putting it in the Volunteer Sign In Book, mail, or fax it to 841-1858. You may want

WE NEED YOUR HELP

GARY MARSJANIK

You will then be able to jot notes and add to your thoughts. Please return the form within one week of when you receive it. If your answers require additional space beyond what is allowed for each question, you are welcome to attach an additional page to the survey.

If you have any questions, please contact Marissa Perez, Administrative Project Manager at Presbyterian Hospital, 724-8492.

Thank you for your help.

TOTAL VOLUNTEER HOURS FOR THE MONTH OF APRIL, 2008

414 Volunteers contributed
6,358 hours.

**Presbyterian Healthcare Services
Volunteer Services
P.O. Box 26666
Albuquerque, NM 87125-6666**

**NON PROFIT ORGANI-
ZATION
US POSTAGE PAID
PERMIT NO 236
ALBUQUERQUE, NM**

RETURN SERVICE REQUESTED

REMEMBERING OUR PAST

**Millie McClure
1967-1968**

**Special projects and
Accomplishments
during her tenure.**

**Annual Bazaar and
Luncheon earned
\$2,360.77.**

**Over 20,000 hours were
donated by volunteers.**

